

MARA Amateur Radio Emergency Service Grab and Go Kit Check List

- 2 meter HT plus 12 hours worth of batteries (a dual band 2M/440 is better),
Cell phone
- Consider a waterproof bag to protect it from the elements
- 1/2 wave gain antenna for better performance and/or a magnetic mount
antenna
- AC to DC adapter and auto cigarette lighter plug cable to power HT
- Remote speaker/microphone or headset
- Headphones with correct connector to plug into radio, for use in noisy areas
- Extra coax for antenna and connectors and adapters for radio
- Alaska Atlas Topo Map book or other maps of the area
- Repeater listing or frequency Directory for your area
- Users manual for your radios or cheat sheets, in plastic zip locks
- Message forms, writing pads, pens and clipboard
- ARES badge, MARA ID, and copy of FCC license
- Appropriate clothes for the weather, terrain and duration. Dress to stay warm
and dry.
- Hat, sunglasses and sun block for warm sunny weather.
- Food, water, and needed medicines for at least 12 hours
- First Aid Kit, First Aid/CPR training guide and qualification card, Tylenol, cold
meds, vitamins, etc.
- Night time gear, flash light, head lamp, extra batteries, and bulb, reflective
vest, flares in vehicle
- Gas and water shut off tools
- Emergency Plan, ready book, emergency telephone numbers and
frequencies

EXTRA ITEMS

- Second radio with 12 hours of battery power
- Base station antenna i.e.. J-pole and mounting hardware, portable masts
- 50 feet of coax with connectors
- Scanner radio and frequency list of local public safety agencies
- Large 12 volt battery, Gel or deep cycle, charger, 100 feet of AC power cord,
large gauge, battery charger for handheld radios
- Poster paper, markers and tape for signs
- Hard-hat for your head
- 3-way electrical adapter (for 2 prong outlets)
- Whistle, signal mirror, compass, or GPS if available, binoculars
- Waterproof paper and note pad
- Soldering iron, misc wire, solder, tape, solderless lugs, misc wire tools
- Water, one gallon per day per person
- Watch and small clock, with alarm, calculator, camera
- Sleeping bag
- Insect repellent
- Cash, spare change
- SWR Meter
- Spare fuses
- DC/AC inverter
- Ropes and cords
- Duct tape, flagging tape
- Tape measure